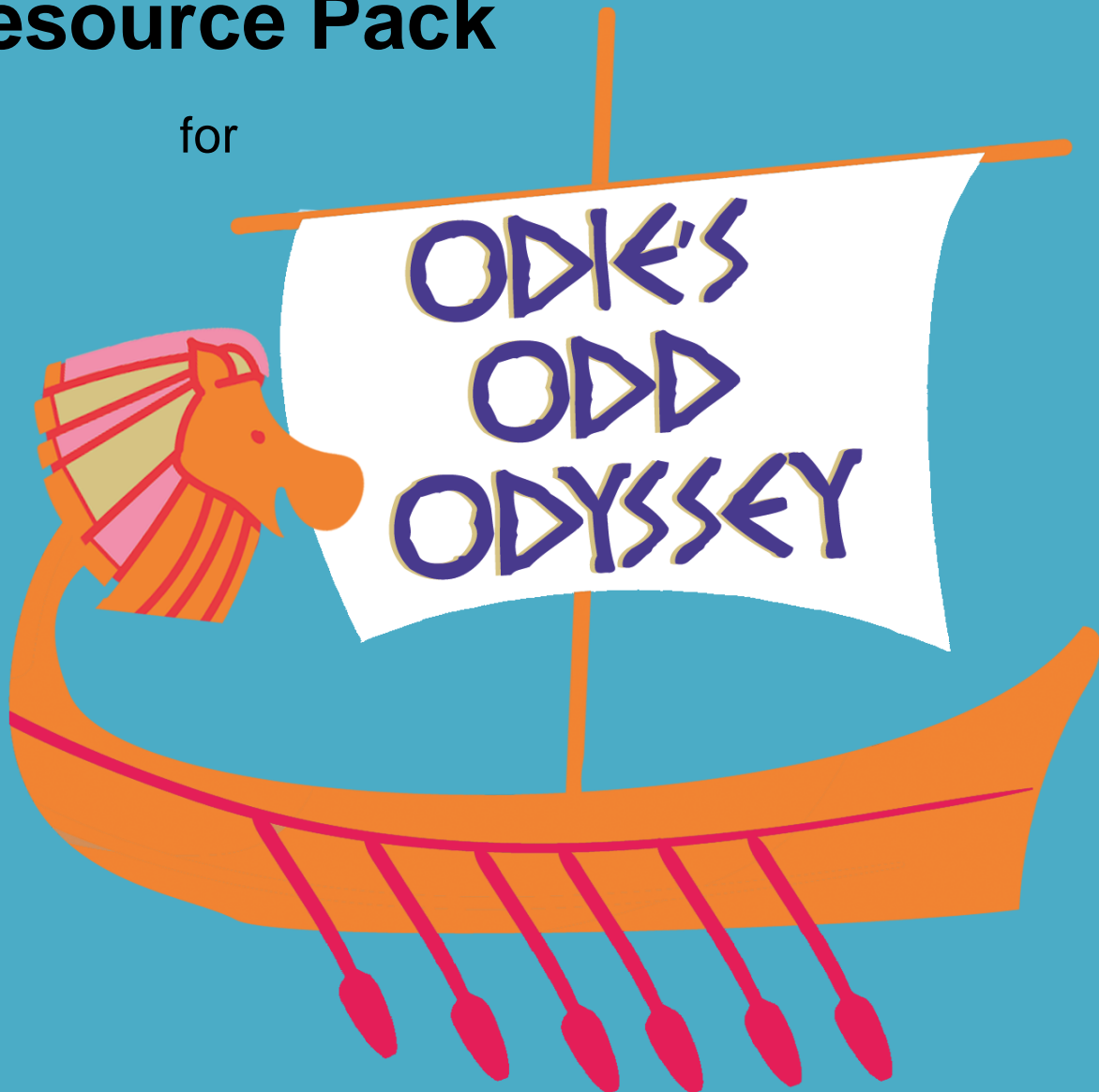


# Resource Pack

for



## *A multi-sensory & interactive experience*

Patrons:

Sally Phillips (Actress & Writer)

Samantha Renke (Actress & Disability Campaigner)

Alex Manners (Motivational Speaker)

Jules Robertson (Actor)



**Please note** – this resource pack will enhance your enjoyment of our multi-sensory film, which we hope you will read from cover-to-cover!

**Please only print out the pages you need so as not to incur too much waste**

## Information

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Head2Head Sensory Theatre is a registered charity based in Surrey, serving the special needs' community throughout London and SE England. Please [visit our website](#).

**MULTI-SENSORY**  
**SHOWS**  
**FILMS & GAMES**  
**STORYTELLING**  
**IMMERSIVE EXPERIENCES**

### **Comments**

We would love to hear what you think of this activity so please send us an email with your feedback.

### **Resource Pack**

This has been written for you to use with your child before and after the film. It is for a wide range of ages and abilities so dip in and have fun.

### **Film & YouTube Playlist**

- The film lasts for 50 minutes.
- We recommend you have the items listed in this pack on pages 11-16 ready and prepared to enjoy the film.
- Please check the [Odie's Odd Odyssey playlist](#) on our YouTube channel in advance to make the craft items for use during the film, as well as try out some of the dance moves.
- Please encourage your child to get the most out of the experience by joining in with the singing, signing and general silliness!

### **Script & Lyrics**

Sara Cole – Artistic Director

Erica Flint – Production

### **Direction**

Sara Cole

### **Videographer, Editor & Captioner**

**Harry Plowden**

## **Sound**

Archie Smith (H2H Work Experience Programme – Orpheus Centre student)  
Clive Flint

## **Song Composition**

### **Kayleigh Stratton**

A Little Bit of Luxury  
Cares Drift Away  
Get Ahead When You Get a Head  
Piggy Time  
The Games!

## **Song & Siren Music Composition**

### **Erica Flint**

Nostos  
No Place Like Home

## **Additional Music**

### **Kevin MacLeod**

[Creative Commons: By Attribution 3.0](#)

Black Bird  
Conflicted  
Guess Who  
Rite of Passage  
Whimsy Groove

## **Costumes**

Beatrice Beaumont

## **Set Dressings**

Beatrice Beaumont & Erica Flint

## **Set/Props**

Clive Flint

# **Health & Safety, Risk Assessment and Safeguarding Policy**

---

## **Health & Safety**

- Please make sure all items that you supply are clean and safe to handle.
- In the event of sharing items, please ensure hands are washed or sanitised afterwards.

## **Risk Assessment**

While we seek to ensure that our suggested participatory moments are safe, we cannot be held responsible for the actions of participants who are prone to excessive physicality, throwing or putting items in their mouths.

Below are some noted risks, but please be aware that this is not a comprehensive list:

<b>Description</b>	<b>Precaution</b>	<b>Risk</b>
Soft props/small items	Carer observation	Biting off and swallowing small pieces
General precaution: risk of choking, tripping and slipping	Carer observation	Low risk but please be aware
Allergies	Please be aware of any allergies	Allergic reaction

## **Safeguarding Policy for Children and Vulnerable Adults**

- Our charity's professional actors hold up-to-date DBS certificates.
- Our charity holds a safeguarding policy established for the protection of children and vulnerable adults which is reviewed annually.

## Odie's Odd Odyssey cast / 1

---

Join Odie as part of the ship's crew on their treacherous journey home to Ithaca. Head2Head's story is based on Homer's *The Odyssey*. Alongside Odie and his friends, you will be entranced by the lotus flowers, escape from Cyclops, enjoy a little bit of luxury, be turned into a pig and much more!



**Beatrice Beaumont**  
as Odie



**Erica Flint**  
as Eury (and other characters)



**Rachel Clements**  
as Amphi (and other characters)



**Emily Monk**  
as Athena

**With the voice skills of:**

Orpheus Centre students as part of our Work Experience Programme



**Annabel Inskip**  
as Muse 1



**Joss Perring**  
as Muse 2

and

Volunteers  
**Clive Flint** as Poseidon  
**John Gregor** as Zeus

Patrons  
**Alex Manners** as patron god  
**Samantha Renke** as patron god

## Odie's Odd Odyssey Story

---

Odie is joined by crew mates, Eury and Amphi.

The Muses tell us about the 10 year Trojan War and Odie's wish to return home to Ithaca.

There is a storm so a safe island must be found.

Odie and the crew meet the Lotus Lovers who trick them to stay on their island forever.

They escape and meet the Cyclops who also traps them.

They manage to escape disguised as sheep.

Odie and the crew land on the island of Aeolia and take a rest.

Aeolus gives Odie a secret bag of winds to help them get home.

Someone opens the bag and the winds blow them back to Aeolia.

They continue their journey and land on Circe's island.

The witch Circe turns the crew into pigs, apart from Odie.

A parcel sent from the Goddess Athena arrives for Odie, which contains an unusual flowering herb.

Odie uses the herb's power to beat Circe and the crew is changed back.

As they continue their travels, Odie and the crew meet the sirens whose voices' lure sailors to their doom.

They manage to escape but then meet the multi-headed beast, Scylla.

Back at sea once again, Poseidon looks like he will spoil everything.

Athena saves them.

They meet Princess Nausicaa who helps Odie and the crew to find the true reason to return home.

They finally arrive back in Ithaca in time for the Games!





Odie is joined by crew mates, Eury and Amphi.



The Muses tell us about the



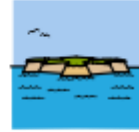
10 year



Trojan war



and Odie's wish



to return home to Ithaca.



There is a storm so a safe island must be found.



Odie



and the crew



meet the Lotus Lovers



who trick them



to stay on their island



forever.



They escape



and meet the Cyclops



who also traps them.



They manage to escape



disguised as sheep.





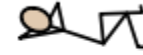
Odie



and the crew



land on the island of Aeolia



and rest.



Aeolus gives



Odie



a secret bag



of winds



to help them get home.



Someone opens the bag



and the winds blow them



back to Aeolia.



They continue their journey



and land on Circe's



island.



The witch Circe



turns the crew



into pigs,



apart from



Odie.



A parcel sent from the



Goddess Athena arrives



for Odie,



which contains an unusual flowering herb.



Odie



uses the herb's power



to beat Circe



and the crew is changed back.



As they continue their travels,



Odie



and the crew



meet the sirens whose voices'



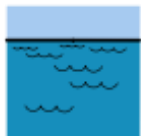
lure sailors to their doom.



They manage to escape



but then meet the multi-headed beast, Scylla.



Back at sea again,



Poseidon looks like he will spoil everything.



Athena saves them.



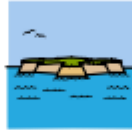
They meet Princess Nausicaa



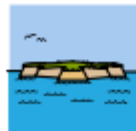
who helps Odie



and the crew



to find the true reason to return home.



They finally arrive back in Ithaca



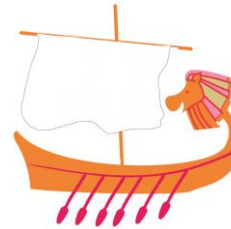
in time for the Games!

# Preparing for Odie's Odd Odyssey / 1

To prepare for your multi-sensory and interactive film, it might be fun to gather together some bits and bobs to join in. Suggestions are given below but you can come up with your own alternatives. If several are suggested for a sensory moment or song, please do not feel you have to supply them all – one will do. And no need to fret, these items are not compulsory!






This sign will flash in the top left-hand corner of your screen as a reminder to pause the film if more time is needed to prepare the items.

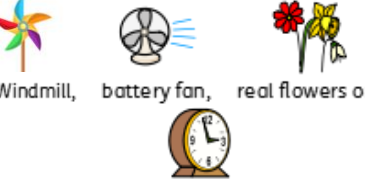



## Scene Order

### The Prologue

 <p>Hankie or scarf and a ruler</p>	<p>Tie a hankie or small scarf to a ruler for the <b>mast moment</b>, or be as creative as you wish. Whenever you see Odie holding the ship's mast, grab your mast too!</p>
 <p>Play parachute, or light weight material or sheet</p>	<p>A play parachute, light weight material or sheet for the <b>storm moment</b> to waft over heads.</p>
 <p>Water Sprayer</p>	<p>Why not use a water sprayer during the <b>storm moment</b> too, so the sea spray feels real for the crew? You could add a little salt for taste, but not so much that it will sting eyes!</p>



### The Land of the Lotus Lovers

 <p>Windmill, battery fan, real flowers or a clock with moveable hands</p>	<p>Windmills (to blow on and spin), battery fan (for a gentle breeze), real flowers (for their scent) or a clock with moving hands to show how time is passing for the <b>Cares Drift song</b>. Remember to visit the <a href="#">Odie's Odd Odyssey playlist</a> on our YouTube channel to see Erica demonstrating some of the dance moves!</p>
 <p>Make-up for a beard</p>	<p>You could even draw a make-up beard on your face <b>to show how time has passed</b>, just like Amphi and Eury!</p>



## Preparing for Odie's Odd Odyssey / 2



### The Cyclops



 <p>Cheese, woolen gloves or a woolen scarf Sticks or Jenga blocks</p>	<p>Some cheese (to smell) or woollen items like gloves and scarves (to feel or wear) for the <b>exploring the cave moment</b>. You could even build your own fire with some sticks or Jenga blocks scattered around the room in advance for collecting up.</p>
 <p>Sheepskin, fleece jacket or something furry</p>	<p>Something furry or fleecy for the sheepskins to put around shoulders for the <b>sheep disguise moment</b> – or maybe you do actually have a sheepskin!</p>

### The Island of Aeolia

 <p>Soap, water, towel or fruit Cushions</p>	<p>Scented soap (to smell), bowl of water (for washing) and fluffy towel (for drying). Maybe an adult could serve little bits of a favourite fruit for the <b>A Little Bit of Luxury song</b>. You could even make yourself comfy on lots of soft and fluffy cushions!</p>
 <p>Play parachute, or light weight material or sheet</p>	<p>The play parachute, light weight material or sheet again for the <b>opening of the bag of winds moment</b>.</p>





### Circe's Island

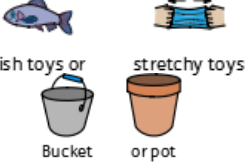



 <p>Water Sprayer</p>	<p>Why not use another water sprayer during <b>Circe's magic moment</b> to join in with the transformation spell into pigs? You could add a scent of some sort to make it smell interesting!</p>
 <p>Piggy nose</p>	<p>Time to wear your piggy nose during the the <b>Piggy Time song</b>. Please visit the <a href="#">Odie's Odd Odyssey playlist</a> on our YouTube channel to see Beatrice demonstrating how to make a piggy nose! The crafting items required can be found on page 14 of this resource pack. Remember to visit the <a href="#">Odie's Odd Odyssey playlist</a> on our YouTube channel to see Erica demonstrating some of the piggy dance moves!</p>

# Preparing for Odie's Odd Odyssey / 3



## The Sirens

 <p>Fairy wings, cloak or wig</p>	<p>Wear a pair of fairy wings or a cloak, or maybe put on a wig for the <b>turning into a siren moment</b>.</p>
	<p><b>Sound like a siren</b> as well as look like a siren! Please visit the <a href="#">Odie's Odd Odyssey playlist</a> on our YouTube channel to find 3 sounds you can play to join in during the <b>siren moment</b>.</p>

## Scylla

 <p>Fish toys or stretchy toys Bucket or pot</p>	<p>Fish toys (to feel and move) or squidgy toys (to pull and stretch) scattered around the room for the <b>collecting fish moment</b>. You can get even use a bucket or pot to catch them in, like Eury and Amphi!</p>
 <p>Glove puppet or sock</p>	<p>A glove puppet or use of a sock over hands like a glove puppet to become another head of Scylla during the <b>Get Ahead When You Get a Head song</b>.</p> 
 <p>Play parachute, or light weight material or sheet</p>	<p>The play parachute, light weight material or sheet again for the <b>storm moment</b>. Perhaps the salty water sprayer could come into use once more?</p>

## Home for the Games

 <p>Olive leaf crown</p>	<p>Time to wear your olive leaf crown during <b>The Games song</b>. Please visit the <a href="#">Odie's Odd Odyssey playlist</a> on our YouTube channel to see Rachel demonstrating how to make the crown! The crafting items required can be found on page 15 of this resource pack. Remember to visit the <a href="#">Odie's Odd Odyssey playlist</a> as well to see Erica demonstrating some of games dance moves!</p>
 <p>Wind-up toys or beanbags and a bucket or pot Bow</p>	<p>Wind-up toys, bean bags and a bucket, or maybe even an archery bow (but possibly no arrows!) to join in during <b>The Games song</b>.</p>

**Remember, as you're watching the film of *Odie's Odd Odyssey*, you can always press pause at any moment if more time is needed to set things up! And if you're particularly enjoying an interactive moment, you can always rewind and do it again!**



## Make yourself a piggy nose / 1

You might like to make a piggy snout to wear during the Piggy Time song. When Circe turns you into a pig, you will then have your own mini mask ready to wear! You will need ...

An egg carton



Some pink paint, or mixed red and white paint, and a paint brush

A marker pen, thin elastic, skewer and scissors



Visit the [Odie's Odd Odyssey playlist](#) on our YouTube Channel to see Beatrice demonstrating how to make a piggy nose.

## Make yourself an olive leaf crown / 1

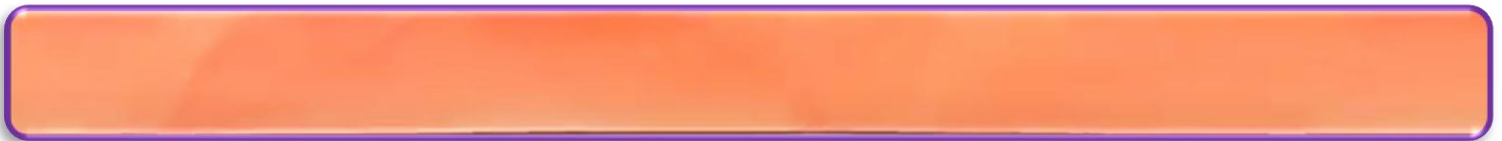
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You might like to make an olive leaf crown to wear during the final song, The Games, just like Odie, Eury and Amphi. You will need ...

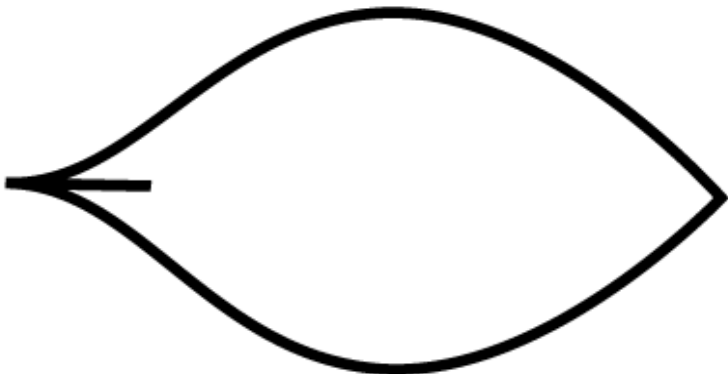


Scissors, glue and decorations

Craft paper or card to make a band long enough to fit around the head



Cut out leaf shapes coloured to your taste



Here is a leaf shape you can use as a template or draw whatever shape you like

Visit the [Odie's Odd Odyssey playlist](#) on our YouTube Channel to see Rachel demonstrating how to make an olive leaf crown.



## Assisting Odie's friends

---

To help some participants access certain parts of the story, here are some techniques, with which you are sure to be familiar, that could be used:

### Hand-over-hand

- **A Little Bit of Luxury song** – to handle the soap and dip into the water bowl.
- **The Games song** – to throw beanbags into buckets. You could even rig up your own boccia-style game!

### Touch

- **Exploring moment in Cyclops cave** – feel some sticky, gooey cheese that might even have a great smell. (Doesn't have to be made from sheep milk!) Feel the softness of the woollen items, compared to the rough surface of the sticks or edges of the Jenga bricks.
- **A Little Bit of Luxury song** – lathering scented soap, washing hands in the bowl of water and drying on a fluffy towel.
- **Piggy Time** – perhaps mix up some soil and water? Might be fun to dip fingers into the goo for a muddy piggy rolling moment. (Keep the bowl of water handy to clean up afterwards!)

### Buttons / iPads, etc

- **Responses** on page 17 – program as required.
- **Siren moment** – if you can't access the siren audio files on the [Odie's Odd Odyssey playlist](#) on our YouTube channel, maybe program some weird sounds or voices!

### Sensation

- **Nostos song** – wheelchairs could be moved around as the crew row the boat.
- **Storm moments** – feel the flow of air from the movement of the parachute or material.
- **Sprayers** – for all those wet moments!
- **Cares Drift song** – feel the movement of air from the windmill or battery operated fan on faces, necks, hands or bare feet.
- **Trying to escape past Cyclops** – wheelchairs could be moved from one side of the room to the other to match Odie and Eury's moves.
- **Siren moment** – do you have any feathers with which to stroke faces, hands or tickle toes?



## Responses for Odie's Odd Odyssey

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Get ready with some responses...

Character	Call	Response
Amphi/Odie/Nausicaa/Eury	Pay respect / Bow your heads	<i>(bow heads)</i>
Eury/Odie	To survive the sea!	To the gods we must plea!
Odie	Oh, a helpful sign. What does it say, crew?	Lotus Lovers live here
Odie	How long have we been here?	Ages!
Odie/Eury	What can you spy?	<i>(read the words)</i>
Odie/Eury	Baaaaa! <i>(like a sheep)</i>	Baaaaa!
Amphi	Sneaky peak time! Should I?	No!
Eury	Coooeee!	Coooeee!
Eury	Oink! <i>(like a pig)</i>	Oink!
Eury	Grunt! <i>(like a pig)</i>	Grunt!
Amphi	You're all turning into sirens!	<i>(sing like a siren)</i>
Eury	What sort of things mean home to you?	<i>(call out your ideas)</i>



## Song Lyrics / 1

---

### Cares Drift Away

Join in with the choruses

Stay a while, play a while  
Cares drift away  
Stay a while, play a while  
Cares drift away

*(Finishing with a further ...)*

Cares drift away

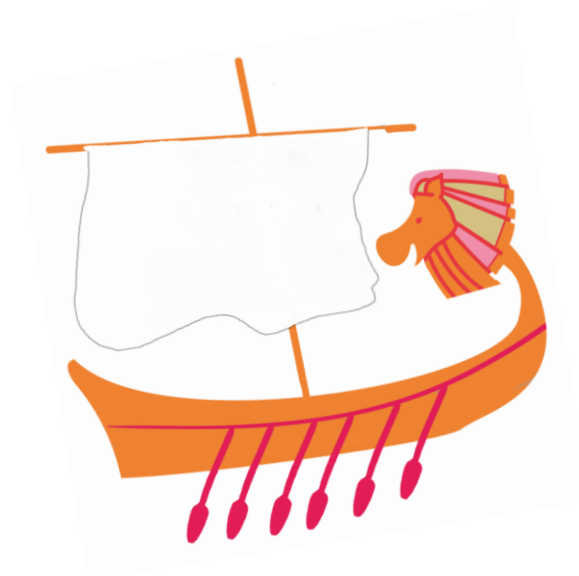
### Nostos

Fame is just a sail away  
In out, in out  
Fame is just a sail away  
Our nostos comes today

### A Little Bit of Luxury

Join in with the choruses

A little bit of luxury  
A little bit of luxury  
A little bit, a little bit  
A little bit of luxury

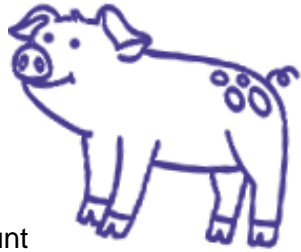


## Song Lyrics / 2

---

### Piggy Time

Oink, oink, oink-oink-oink  
Oink, oink, oink-oink-oink  
Oink, oink, oink-oink-oink  
Oink, oink ... oink-oink!



Grunt, grunt, grunt-grunt-grunt  
Grunt, grunt, grunt-grunt-grunt  
Grunt, grunt, grunt-grunt-grunt  
Grunt, grunt ... grunt-grunt!

Squeal, squeal, squeal-squeal-squeal  
Squeal, squeal, squeal-squeal-squeal  
Squeal, squeal, squeal-squeal-squeal  
Squeal, squeal ... squeal-squeal!

*(Finishing with a further ...)*

Squeeeeeeeeeeeeeeeeeeeeeaaal!

### Get Ahead When You Get a Head

**Join in with the choruses**

Get ahead! You gotta get a head!  
Get ahead! You gotta get a head!  
Get ahead! You gotta get a head!  
So you can get ahead!



### The Games!

**Join in with the choruses**

It's the games, it's the games  
Everyone loves the games  
Games for young and games for old  
Everyone loves the games

*(Finishing with ...)*

We've had fun at the games!



Cares



Drift Away



Song

/ 3



Stay a while,



play a while



Cares



drift away



Cares



drift away



Nostos



(our travelling song)



Song

/ 4



Fame is just



a sail away



In out, in out



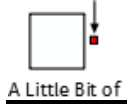
Fame is just



a sail away



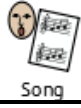
Our nostos comes today



A Little Bit of

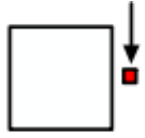


Luxury



Song

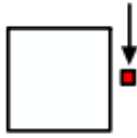
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A little bit of



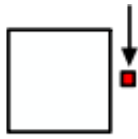
luxury



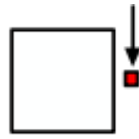
A little bit of



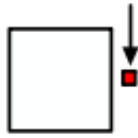
luxury



A little bit,



a little bit



A little bit of



luxury

Oink, oink, oink-oink-oink

Oink, oink, oink-oink-oink

Oink, oink, oink-oink-oink

Oink, oink... oink-oink!

Grunt, grunt, grunt-grunt-grunt

Grunt, grunt, grunt-grunt-grunt

Grunt, grunt, grunt-grunt-grunt

Grunt, grunt... grunt-grunt!



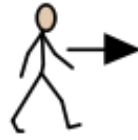
Squeal, squeal, squeal-squeal-squeal

Squeal, squeal, squeal-squeal-squeal

Squeal, squeal, squeal-squeal-squeal

Squeal, squeal, squeal-squeal!

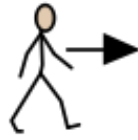
Squeeeeeeeeeaaaaaaaaal!



Get ahead!



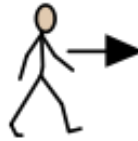
You gotta get a head!



Get ahead!



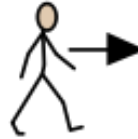
You gotta get a head!



Get ahead!



You gotta get a head!



So you can get ahead!



It's the games, it's the games



Everyone loves the games



Games for young and games for old



Everyone loves the games



We've had fun at the games!

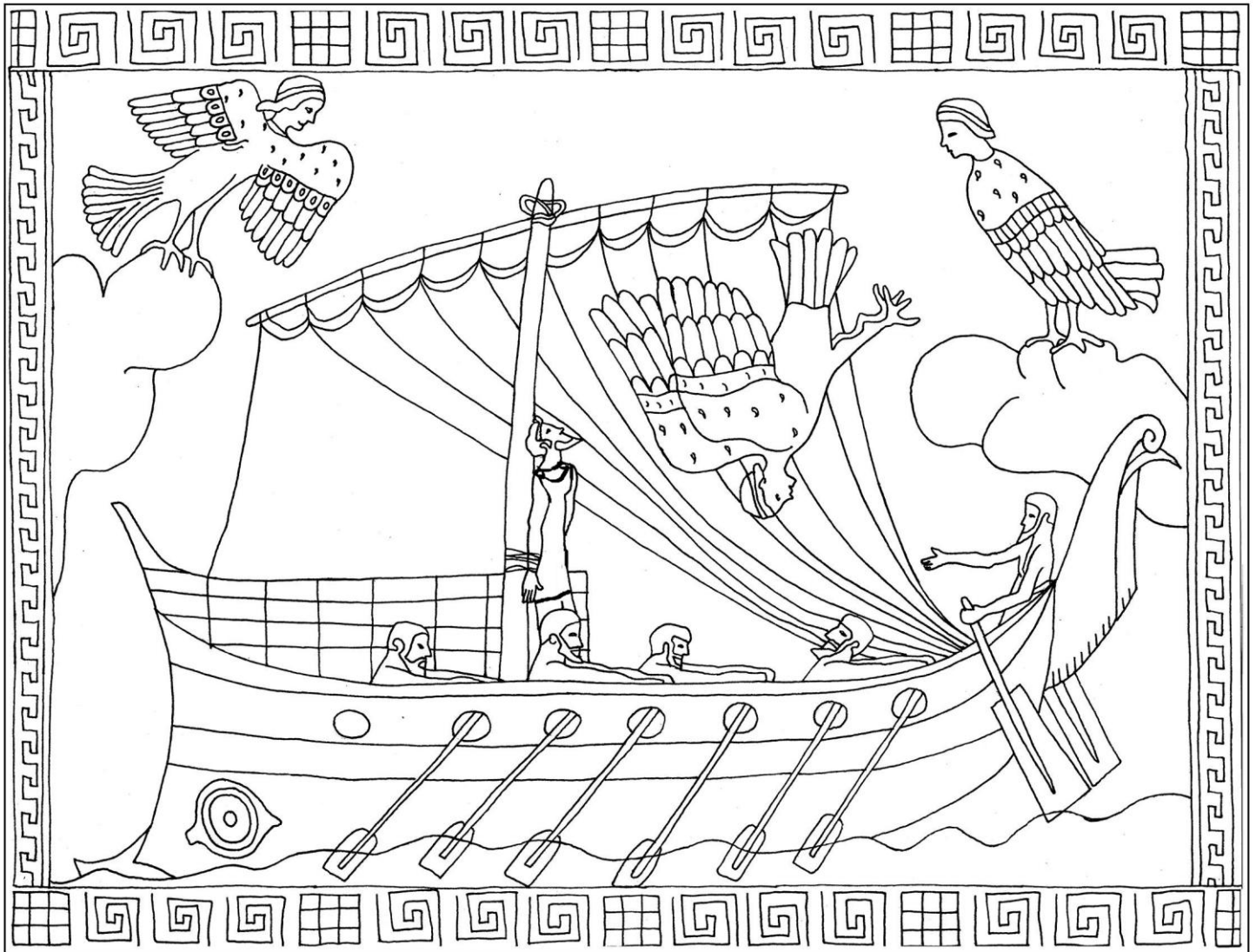
## Colour-in Zeus

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**ZEUS:** Greek God of the sky. His symbols were the lightning bolt and the eagle. Zeus was the ruler of the Olympian gods

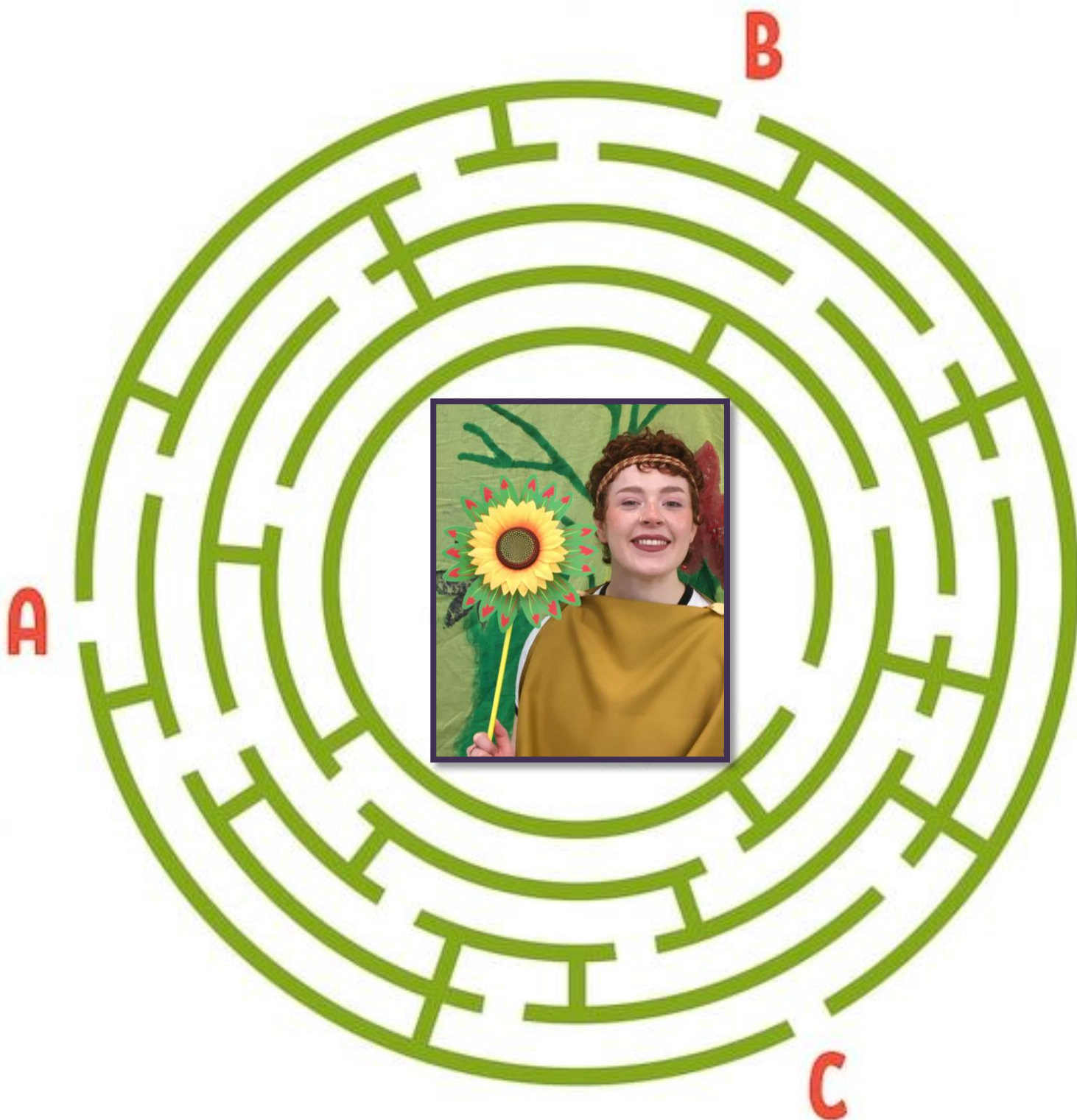


# Colour-in Odie and the Sirens

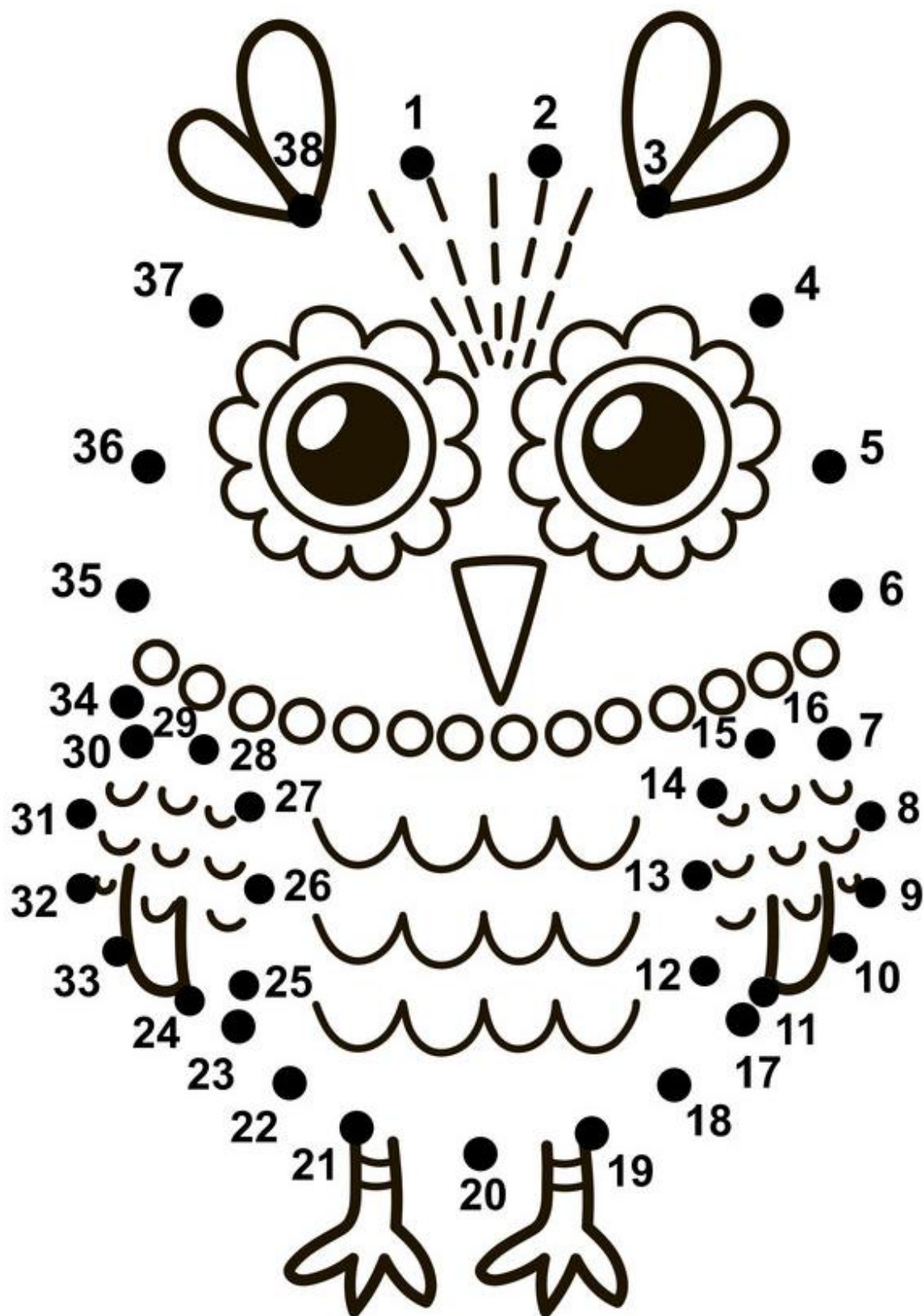


# Help Odie escape from Circe's circular maze

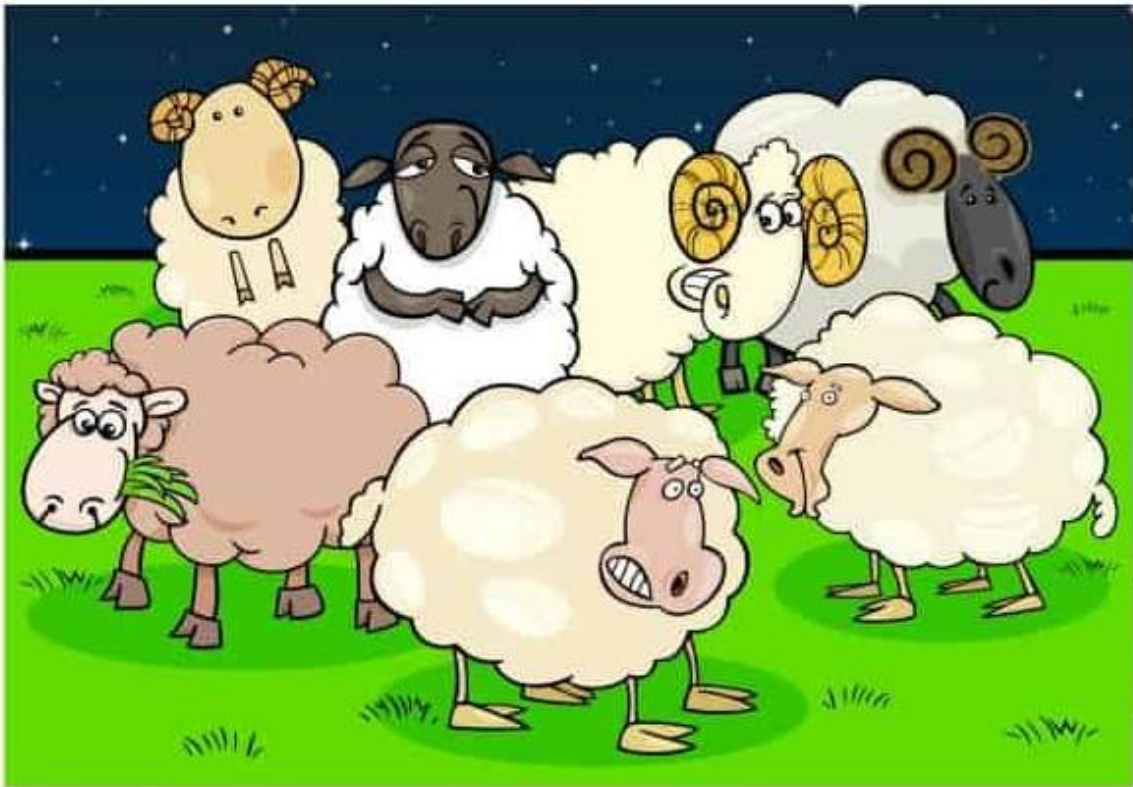
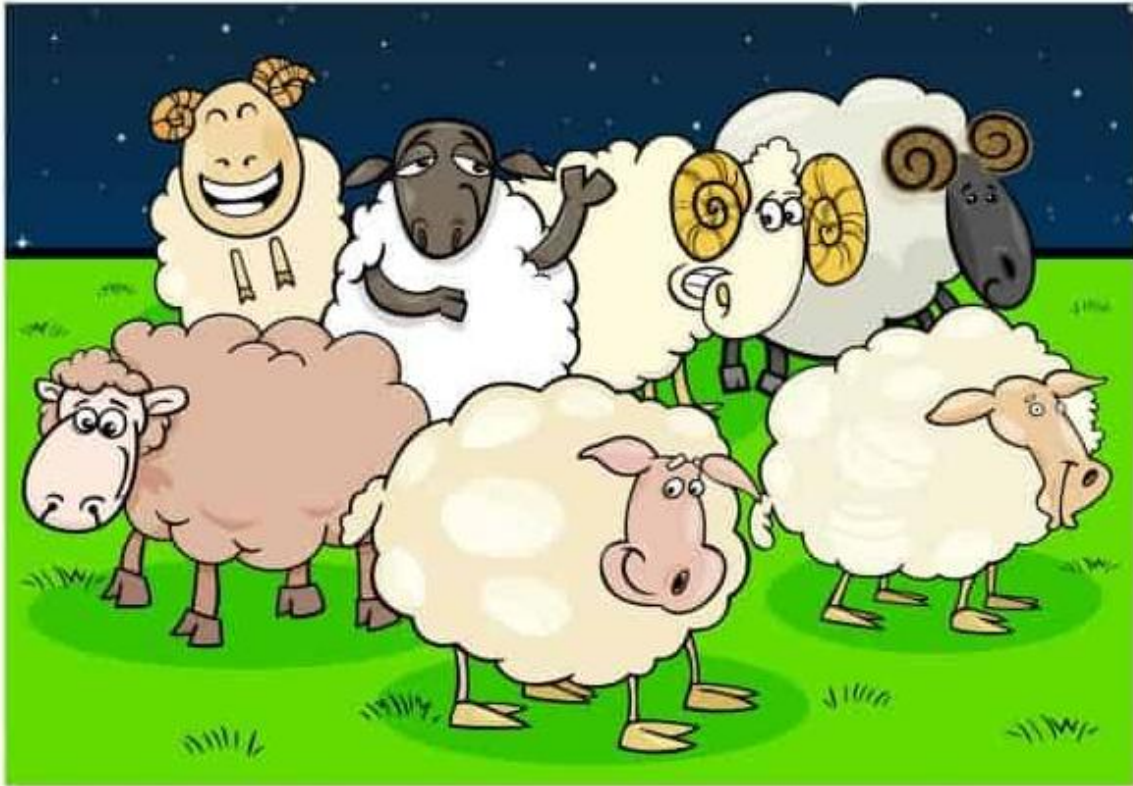
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# Dot-to-dot & colour-in Athena the owl



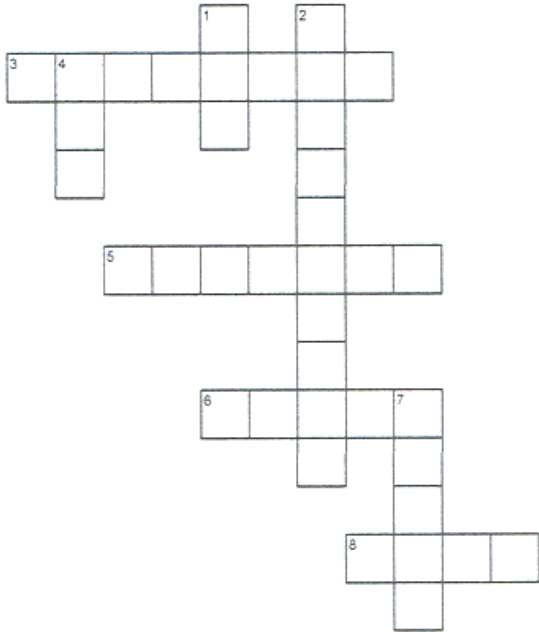
**Spot 5 differences between the flocks of sheep**





# A mythical crossword!

## Odie's Odd Odyssey



EclipseCrossword.com



## Word bank

CYCLOPS    HOMECOMING    OWL    PIG    POSEIDON    SIREN    WINDS    ZEUS

## Across

3. Who is the god of the sea and waters?
5. Which mythical creature looks after sheep?
6. What is in the bag given to Odie by Aeolus?
8. What is the name of the ruler of the Olympian Gods?

## Down

1. Into which animal does Circe change the crew?
2. Odie talks about needing a 'nostos' on their return to Ithaca. What does this Greek word mean?
4. What type of bird does Athena become?
7. What is the name of the mythical creature that tries to lure Odie's ship on to the rocks?



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